Eight Semester Plan BS Exercise Science

C grade or higher must be obtained for all Exercise Science courses.

Semester 1	Credits	Semester 2	Credits
SRH 101: Search Sem-Enduring Questions or HNR 160: Honor Search-Enduring Questions	3	Gen Ed SEARCH (Art, Music, Theater) or other General Education Course	3
COM 101: Composition and Research	3	PHI 105 or THE 105	3
THE105: Foundations of Theology or PHI 105 Introduction to Philosophy	3	EXS 200: Health Promotion	3
PSY 101 Introductory Psychology	3	AT 113 Emergency Response	3
World Language I	3	World Language II	3
TOTAL	15	TOTAL	15
Semester 3	**Credits**	**Semester 4**	**Credits**
BIO107/117 Anatomy and Physiology I w/lab	4	BIO108/118 Anatomy and Physiology II w/lab BIO211: Kinesiology	4
EXS 210 Strength and Conditioning Training	3	THE/PHI: 200 level Ethics requirement (recommended THE 210, PHI 200 or 210) MAT Requirement	4
General Education SEARCH (HIS		ELECTIVE	
		TOTAL	
		(Pathway 3 Biology recommended)	3